

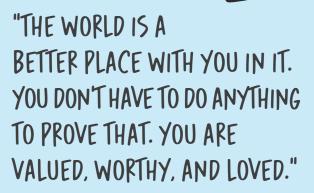


## A hope note for you...

"TODAY, SOMEBODY,
SOMEWHERE IS THINKING
OF YOU AND SMILING.
YOU ARE SEEN,
YOU ARE WORTHY,
YOU ARE LOVED."

- SOMEONE WHO CARES

## A hope note for you...



- SOMEONE WHO CARES



## A hope note for you...

"YOU MATTER SO MUCH
MORE THAN YOU'LL EVER KNOW.
YOUR LIFE IS FILLED WITH
PROMISE, POSSIBILITY, AND
POTENTIAL. I PROMISE YOU
ARE LOVED, AND WE NEED
YOU TO STAY." — SOMEONE WHO CARES



## A hope note for you...

"REMEMBER THAT YOU ARE WORTHY, LOVED, AND MORE THAN ENOUGH. THERE MAY BE HARD DAYS, BUT YOU CAN DO ANYTHING BECAUSE YOU ARE STRONG. YOU ARE SO LOVED. YOU BELONG. I CARE ABOUT YOU AND SO DO SO MANY OTHERS."

- SOMEONE WHO CARES

This hope note was given to you by someone who cares about you. Feel free to keep this note as a reminder that you are important and you matter. You can also pass this note along to someone else who might need to hear a message of hope.	This hope note was given to you by someone who cares about you. Feel free to keep this note as a reminder that you are important and you matter. You can also pass this note along to someone else who might need to hear a message of hope.
YOU MATTER  988 SUICIDE ACRISIS LIFELINE  988 LINE DE PREVENCION DE SUICIDO (CRISIS) Chat. 24/7.	YOU MATTER  988 SUICIDE & CRISS LIFELINE  988 LINEA DE PRESENCIÓN POR SUIDAN CAIL. Text. Chat. 24/7.
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